



Dr Julia Sen

MEDICAL . SURGICAL . AESTHETIC

Eye-Light Therapy

Optimal Power Energy® IPL

This is a polychromatic (multiple wavelengths/colours of) light in intense pulses which stimulates the eyelid Meibomian oil producing glands to resume normal activity level. Applied to the periorbital areas and cheekbone, it increases the oil stream thereby reducing the evaporation of tears.

Light Modulation® LLLT

This is a unique technology of photobiomodulation (PBM) used for many years in various fields of medicine. The emission of a particular light at a certain wavelength triggers an endogenous heating of the eyelids, facilitating secretion of oil from the Meibomian glands and helping to stabilize the tear film.

Indications

Dry Eye
Blepharitis
Stye
Chalazion
Demodex infection
Rosacea

Contraindications

Pregnancy
Epilepsy
Herpes
Metallic Piercings in Near Area
Lash Extensions
Antibiotics and roaccutane need to be discontinued at least 14 days prior to treatment.
Your doctor may advise discontinuing anti-inflammatories, anticoagulants and/or antihistamines.

Risks

Temporary redness, itching, swelling, darkening or lightening of eyelid skin.

After the Treatment

It is advisable to wear sunglasses when outdoors for 15 days after each session.