



Dr Julia Sen

MEDICAL . SURGICAL . AESTHETIC

MORPHEUS8

by INMODE

Morpheus8 is a state-of-the-art fractional skin treatment that stimulates collagen production of the underlying layers of the dermis. By targeting these deeper layers of the skin, areas of the face and body can be re-modelled to reveal a more radiant, youthful appearance by treating fine lines, wrinkles, acne scars and improving skin tone and texture.

How does Morpheus 8 work?

The treatment uses high-tech micro-needling to stimulate the fibroblast cells in the skin's dermal layer, improving the texture and reducing fine lines, scars and superficial pigmentation. The radiofrequency energy is then delivered in the deeper tissues where it stimulates collagen generation to tighten and lift.

Multiple very fine needles penetrate the skin, coagulating fat and contracting connective tissue (muscle and aponeurosis). Simultaneously, directional radio-frequency energy generates heat in the dermis, stimulating a healing response. It is the perfect solution for patients who have skin laxity, jowling and skin surface irregularities.

Radiofrequency (RF) energy is a scientifically proven method that helps remodel and rebuild collagen. Because the treatment is minimally invasive and uses a matrix of micro-needles to renew the deeper layers of the skin, there is minimal downtime.

What to expect during your treatment

Treatment involves three sessions a month apart, according to individual response.

Local anaesthetic cream and left to take effect for up to 45 minutes. Local anaesthetic injections may also be administered, then your skin will be thoroughly cleansed prior to commencement of the treatment. Treatment times, intensity and frequency will be tailored to obtain the optimal results. Visible results can be seen within a few weeks. The final result will become apparent 3 months following the final treatment. This is because it takes 3 months for the biological effects to take effect.

Morpheus 8 FAQs

What areas can be treated? Morpheus8 can be used on any areas that can benefit from resurfacing and subdermal renewal. The most commonly treated areas include the face, jawline, neck, peri-orbital area, abdomen, thighs, legs and buttocks.



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Is there any downtime?

It is common to experience some redness and swelling of the treatment area (a bit like sunburn) and tiny scabs or patches of dryness may appear within a few days as part of normal healing. Since downtime is minimal, makeup may be applied the following day. You should avoid direct sun exposure for 2 weeks and it is recommended to use a broad spectrum sunscreen every day.

What are the possible side effects?

Local discomfort and skin redness. For eyelid treatments you may experience swelling and bruising. If you are susceptible to cold sores you may experience recurrence, although prophylactic acyclovir tablets may help to prevent this. Please ensure you advise your practitioner of your susceptibility so this can be prescribed.

Rare side effects include skin crusting blisters or burns, change of pigmentation and scarring.

Contraindications include:

Fake tan within the week preceding treatment.

Retinoic acid or retinol-related skin creams within the week preceding treatment.

Any surgical/ablative procedure in the treatment area within 3 months or before complete healing.

Superficial injection of fillers (e.g Profhilo) in the last 3 months, or botulinum toxin within 2 weeks.

Use of Isotretinoin (Roaccutane®) within six months prior to treatment.

Pregnancy or breastfeeding.

Combination treatment with HIFU

Morpheus 8 treatment may be combined with High Intensity Focussed Ultrasound treatment and the combination of modalities work synergistically to target skin, subcutaneous fat pads and SMAS (Superficial Musculo-Aponeurotic System) in the deeper tissues. Ideal for jawline and lower face.

Treatment Cost

Face (lower lids, brow, mid face, lower face and neck)

£595 for each treatment (£650 per treatment if administered by Dr Julia Sen)

Eyelids (upper and lower) £295 for each treatments.

Morpheus 8 + HIFU Combination Treatment lower face/upper neck £595